

BOGHOSIAN

CALIFORNIA SUN DRIED

Raisins

THE RAISINS
THAT CLIMBED
MT. EVEREST!

FAT FREE
CHOLESTEROL FREE FOOD

NET WT. 32 OZ.
(2 LB.) 907g

Nutrition Facts

Serving Size 1/4 cup (40g)
Servings Per Container About 22.8

Amount Per Serving	
Calories 130	Calories from Fat 0
% Daily Value**	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 10mg	0%
Potassium 310mg	9%
Total Carbohydrate 31g	10%
Dietary Fiber 2g	9%
Sugars 29g	
Protein 1g	

Vitamin A * • Vitamin C *
Calcium 2% • Iron 6%

*Contains less than 2 percent of the daily value of these nutrients.
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: CALIFORNIA SUN DRIED RAISINS
BOGHOSIAN RAISIN PACKING CO., INC.
FOWLER, CA 93625